



Hello. I'm Harriet Cooper and I'm doing **research** at the University of East Anglia into **disabled people's experiences of rehabilitation.**

What is the research for?

I want to find out about disabled people's experiences of the process of rehabilitation, to understand **how disabled people can be involved in shaping rehabilitation services.**

What do you mean by rehabilitation?

Rehabilitation includes:

- physiotherapy, occupational therapy, speech and language therapy
- rehabilitation medicine and nursing
- rehabilitation counselling and psychology
- using wheelchair services
- training for use of other assistive devices
- experience of using orthotics and prosthetics
- another type of rehabilitation for a physical or sensory impairment.

Take part in research into Rights-based Rehabilitation!

Are you a disabled person
who has experienced
rehabilitation?

Your views and experiences
could help shape future
rehabilitation policy and practice.

Rehabilitation may have taken place at **any stage of your life**.

You may have been an **inpatient** or an **outpatient**.

How can people participate?

I want to **talk to** disabled people who would like to share their views on, and experiences of, rehabilitation.

I will **talk to people on a one-to-one basis and in small groups**.

If you are interested, I am also holding a **creative writing workshop** on the theme of rehabilitation.

How will the information I gather be used?

I will **write about what people say** in my PhD thesis and in publications, but I will **not use anyone's real name** and will remove any information that could be used to identify people.

How could your contribution be important?

Your views could help to **shape rehabilitation policies** and practices to make sure that they take account of what disabled people think.

Are there any risks to you?

The **risks to you are low**. You might find it upsetting to recall your experiences of rehabilitation. If you do, I will offer you information about **support services**. You can **take a break** at any time or **change your mind** about taking part.

This research has received **ethical approval** from the Health Research Authority.

After the interview or focus group, you will be offered a £10 voucher as a thank you for your time.

If you would like further information, or to have a conversation about what is involved in taking part, please contact Harriet Cooper.

Email: h.cooper@uea.ac.uk Tel: 07785780136

Address: PhD Researcher, Norwich Medical School, University of East Anglia, Norwich Research Park, Norwich, NR4 7TJ.

If you need additional support to be able to take part, please contact Harriet, so that appropriate arrangements can be made.