



Are you worried about money?

Do you live in Norwich NR1 to NR8 postcodes and need help with money and budgeting?

- Is your financial situation worrying you and causing you stress?
- Are you struggling to make ends meet?
- Are you concerned about your ability to budget effectively?
- Is your mental health being affected?
- Are you trying to deal with this on your own?

If you would like our help to overcome some of these problems please contact Tel: 01508 491210 Email: info@equallives.org.uk



Our Money Matters service provides support with personal finances. We will work alongside you to develop skills to be able to manage your money independently.

We can help you to:

- Organise the payment of bills
- Set up bank accounts
- Set up direct debits / standing orders
- Develop budgeting skills
- Reduce your household outgoings where possible
- Access specialist debt and financial advice
- Refer to our wider Information, Advice and Advocacy team for support with benefit advice and applications.

**If you would like our help, or would like to know more please contact us: 01508 491210
or email: info@equallives.org.uk**

