**"Working out a budget"**

You can use the table below to write down what you want to buy, how much it will cost, how it will meet your needs and how important you think it is. You can add up everything in the 'how much will it cost' column to see if you have enough money in your budget for everything you want. If you don't have enough money you may need to consider what is most important or using the money in a different way.

| **What I want to buy?** | **How much will it cost?** (Per year) | **How will it meet my needs?** | **How important is it?** |
|---|---|---|---|
| e.g. PA – 2 hours per week | 2hpw x £10ph (Inc on costs) = £20pw x 52wks = £1040 | Allow me to go out food shopping to ensure I eat healthily | Very important (5 out of 5 if using a scale) |
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Key:
hpw = hours per week
ph = per hour
pw = per week
wks = weeks