

My Support Plan:

Who is writing this plan?

About Me

What is important to me?

What is working in my life?

What is not working in my life?

What are my intended goals/outcomes?

What will I spend my budget on?

How I will receive and manage my budget?

How I will review my plan?

Keeping Yourself Safe

Life is full of risks. We all understand this.

Your support plan is about how this is managed. You will need to work out what could go wrong and what can be done about it. You and your assessor will need to agree a level of risk that is acceptable to both of you.

Some things to think about:

- Who would you speak to if you were being abused in any way?
- Could any planned activities perhaps result in an increased risk for you?
- Are you sure that you will be able to spend your Personal Budget as agreed in the support plan?
- Are there any signs to show you or other people that things might be going wrong?
- Does the support plan show details about how you will keep yours family safe including the health and wellbeing of your children?
- Who will you contact if you are worried that things might be going wrong?
- Does the support plan include employing anyone? Have you had advice from Equal Lives?
- What if the unexpected happens, for example your personal assistant or main carer becomes ill?
- How much money do you feel comfortable managing in one go?

Have you had a copy of the leaflet Safeguarding Adults?

“What to do if you think a person is being abused, harmed, threatened.”

What could go wrong?	What can be done about it?

Personal Budget Recipient:

Dated: _____

Care Manager/Co-coordinator

Dated: _____

How will you put your plan into action?

The last part of your support plan should draw together all the things that need to be done, who will do them and when they will be done. This will help make sure things happen as they should. Whatever you decide, we will need to know what arrangements you want to make to receive your money. This can be regular payments or one off payments or a combination.

Suggested things to also think about:

- Do you need to open up a separate bank account?
- Do you need help to buy goods or arrange a service?
- Have you taken into account any on-costs if you are employing someone

What needs to happen?	Who will do it?	When/how often?